



Illuminate Yourself!!! Friday 1 August 2014 6 pm

It's back again in 2014 for the 2nd year in MACKAY!!

Run2Glow is the wildest night time 5k running event you will ever experience!
LIGHT UP THE NIGHT!!!! From start to finish you will have multiple opportunities to 'out glow' your competitors and show off your awesome Glow Gear... stay alert!

GLOW HARD OR GLOW HOME

Or purchase a GLOW STICK \$2 on the night

Funds raised going to Mackay
Mental Health Unit through the
Mackay Hospital Foundation

The glowing does not stop and the fun just begins as you cross the finish line... All glow runners will show off their gear and colour after the run/walk AND be in the running to win a Prize for the best Glow Out Fit and other random prizes.

What is a party without refreshments? That wouldn't be much of a party – buy a drink and/or have dinner at the Surf Club.

IMPORTANT - Please ring the surf club to make your dinner reservation on 49550843 (remember to book between Fri and Sun) by wed 30 July.

This is a 5km Running-Walking event you don't want to miss!!!

Register
to
Glow
CLICK HERE



Event Date: Friday 1 August 2014 run leaves sharp 6pm

Start and Finish Venue: Mackay Surf Club

Cost: \$10 per person – **PLEASE ARRIVE UP TO 30 MINS EARLIER TO PAY**

Contact: Dawn 0417747712 or Chris 0417203530

Email: Layzeerunnersclub@mcs.net.au